## **Did You Know 4.13.21**

Sunday I had the BEST day with my mom, sister and her kids including my 21 year old nephew and the most beautiful, wonderful, brilliant five-month old on the planet, my GREAT niece, Ellie Jo (pictures available upon request). Now his mom is a Masters prepared RN, and I've been around health education for a while......and do you know what conversation topic I can't quit thinking about? My nephew's complete and total rejection of the COVID-19 vaccine. His vehemence about not getting the vaccine, made me stop and think about teaching students, adults and others about the science of the vaccinations. And a Saturday Night Live skit two weeks ago confirmed that he is not alone in his thinking by a long-shot. I'm not here to debate either way, but as someone who has devoted their life to Health education, I am fascinated by the issue. I was working on a curriculum project a few years ago and embarrassingly enough, read in detail for the first time about the outrageous conduct of our government on the men involved in the Tuskegee experiment. If you're not familiar, there are many sources of information, but I've linked the CDC's site. I'm sure my nephew hasn't ever heard of it, so I know that's not his rationale, but over many years, we've learned to not always trust things at face value. So my question to the educators out there.....what kinds of discussion have you had with your students? Are most of them for or against vaccination? Have you created a board activity for before class starts, asking students what they think? I'm wondering if its generational, or aligned with some other factor. Things that make you go hmmmmmm........

- 1. The attachments are from the Counseling and Career Development Division and include the changes, addition, and deletion of OCAS codes for 2021-2022. In addition, also attached is the list of CT courses approved for Academic Credit. You may ask the question, what is an OCAS code?? I'm so glad you asked! The Oklahoma Cost Accounting System has a very long list of subject codes for literally every credit that is offered to comprehensive high school students. One common course for health that almost every tech center teaches, is Anatomy. Regardless of which high school, or tech center that a student attends, they all use the same code for Anatomy. It's almost like a "transcript" of each of the courses. See the health-related codes here. High school students attending at a tech center might have the following after their first year in a Health careers program: 1 hour of 9321 Health Studies; 1 hour of 9301 Nursing Services and 1 hour of 5333 Anatomy. We have worked over the past few years to try and get our "sending schools" to transcript EXACTLY what we teach instead of 3 hours of "VoTech", knowing that as colleges look at transcripts the specificity is important!
- 2. How do you TEACH Critical Thinking??? Fantastic guides to teaching critical thinking in every subject: Click on any of the "Read" buttons and you'll see a free PDF download of a teacher's guide for teaching critical thinking:

  <a href="https://reboot-foundation.org/teachers-guide-to-critical-thinking/">https://reboot-foundation.org/teachers-guide-to-critical-thinking/</a>
- 3. A few weeks ago, Tulsa Tech's Medical Assisting instructor, Kaydee Clark and her class were featured on News 6 in Tulsa. You may recall the video: Tulsa Students To Graduate Passionate & Prepared To Help Medical Frontline Workers (newson6.com) Now Kaydee is a CareerTech Champion too! Take a look at her story now: https://www.okcareertech.org/news/careertech-champions/issue-59/kaydee-clark-tulsa-technology-center-and-hosa If you know of a CareerTech Champion (teacher, student, business) that should be featured, please contact Connie Romans in our marketing division: connie.romans@careertech.ok.gov
- 4. Are you teaching Long Term Care? Still having a hard time getting clinical space?? Stacey Post Vails from Metro Tech wants to share a best practice that she and her co-teacher, Tori Wolohon have been using: We have turned our labs into "mock" nursing homes. Each student is paired

with a student from a different class. Each bed has a different simulation with different opportunities for critical thinking. Students are expected to review the simulation the night before the clinical day. The majority of skills students had to learn were done virtually this year. Each student was given supplies to take home, asked to improvise as needed, record themselves verbalizing and performing steps of skills, and then uploading their video to FlipGrid for submission. When school opened back up we then just needed to go through and work on areas that required a little more attention such as vital signs. We are currently in our second week of nursing home clinical experience where one student is the nurse aide for 45 minutes and the other is the patient and then after 45 minutes they flip flop. This allows them a chance to participate in a scenario twice. Retention is better when actively participating twice. Then each student is given an assignment to document vital signs, reflect on the simulation about things that went well and opportunities for improvement, and lastly each simulation includes an assignment to research a disease and write a one page summary about the disease process and care they would potentially provide. This also is documentation to verify hours of clinical. In addition to these 8 days, they each will complete a dementia simulation project as time allows. This required quite a bit of preparation but we have enjoyed watching the students gain knowledge and experience. If there are instructors that are struggling last minute with nursing home hours you may share my email and I will try to help if able: Stacey.postvails@metrotech.edu.

- 5. A special thanks to all our teachers for working so hard to incorporate HOSA into the classroom during this very challenging year! Monday we were able to see our Opening Session for 2021 HOSA State Leadership Conference and on Wednesday, April 14, 9am Registered attendees can watch the live Awards Session!!! Next week the winners list will be posted for all to see so you can find out which students will be representing Oklahoma at the 2021 International Leadership Conference, June 23-26, 2021.
- 6. New Teachers—Mark your calendar for Instructors of High School Students on July 6 and 7 and Adult Instructors on July 8 and 9. There will be a separate email coming to your mailbox with additional registration information later this week.
- 7. Need a test to prepare students for their certification tests? Consider the NCHSE Beta Testing Opportunity that is FREE and helps the Consortium develop excellent test questions: Beta Testing Opportunity Informs Classroom Instruction | National Consortium for Health Science Education (healthscienceconsortium.org)
- 8. Speaking of the Consortium--- The 2021 National Health Science Conference is planned for October 26-29 in Cincinnati, Ohio. Beginning in July, the conference committee will invite proposals for conference sessions. Be thinking of what you might present so you can attend this amazing conference!
- 9. WE NEED YOUR IDEAS!!!—Some of the very best ideas for Oklahoma Summit (aka Summer Conference) come from YOU!!! Send Lara your ideas of great speakers, wants and needs that someone else will want and need too! Lara.morris@careertech.ok.gov
- 10. Tech and Learning Leadership Roundtables—Online Series sponsored by Lightspeed Systems is hosting a two-part roundtable series—April 14<sup>th</sup> and May 5. Part 1: Using Technology to Address Student mental Health: Intervene at Early Signs and Part 2: Building a Sustainable Social Emotional Learning Plan. Registration can be found at: https://www.techlearningevents.com/lightspeed/home?ref=email
- 11. Scholarships for Future Nurse Educators, Up to \$8,000.00: As the premier member organization providing scholarships exclusively for nurse educators, the NLN Foundation is committed to ensuring that students are equipped with the right tools and resources to help them fulfill their academic needs and career goals. Apply today for a 2021 NLN Foundation

- <u>Scholarship</u> if you are pursuing an advanced degree (master's or doctorate) in preparation for a career as a full-time nurse educator. This is the great way to receive financial support to help you become one step closer to earning your advanced degree. Deadline to Apply is May 21. <u>Apply Now</u>.
- 12. Discovery Education has "Virtual Field Trips" for students of all ages. Check out "On the Frontlines of the Opioid Epidemic: A Community Fighting Back" watch stories of survivors, community members and those working the end the epidemic.

  <a href="https://www.operationprevention.com/virtual-field-trip?utm\_source=DE&utm\_medium=VFT\_page">https://www.operationprevention.com/virtual-field-trip?utm\_source=DE&utm\_medium=VFT\_page</a>
- 13. Anatomy in Clay is offering several Hands-On Anatomy Virtual Workshops and the opportunity to "test drive" the model/clay you are eyeing!! <a href="https://www.anatomyinclay.com/">https://www.anatomyinclay.com/</a>
- 14. Educator Cathleen Beachboard wanted to help her students develop a resilient and actionable sense of hope a hope that could help them navigate life's trials and triumphs. In this interview, Cathleen gives concrete examples of simple practices that can be integrated into the classroom that remind students that they control the world, not the other way around: See Cathleen's Interview here.
- 15. Get Hyped About Using Hyperdocs to Create Highly Interactive learning Experiences: Tuesday, April 13-Sunday April 18, Register for FREE here! Learn what hyperdocs are, resources for helping you get started and ways to use them in your classroom. Learn the fundamentals of creating engaging and highly interactive learning experiences and how to create a student-centered learning environment and inspire curiosity in your classroom!!

For the instructional leaders who teased me about my long-winded DYK messages, there is just too much to tell!! I tried to keep it shorter today though (a) If you have ideas to share, I would love to hear it! Have a great week, for SUNSHINE is coming this weekend!!